## Énergie NB Power

WELL Sheet \#: 1038
Revision: 2023-04

## Ladders - WELL Sheet

| Date: |  | Project: | Contractor: |  |  |  |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
| Observation team member: |  |  | Signature: |  |  |  |
| Observation team member: |  |  | Signature: |  |  |  |
| Work Location: |  |  |  | Yes | No | N/A |
| 1. | The proper ladder for the work being performed is used |  |  |  |  |  |
| 2. | Ladders must be secured against movement. If the ladder cannot be tied off then it shall be held in place by another employee at all times when in use. |  |  |  |  |  |
| 3. | Ladders are secured properly (top \& bottom) and placed at the correct angle. |  |  |  |  |  |
| 4. | Following the 1:4 rule: the base should be 1 foot from the wall for every 4 feet in height. |  |  |  |  |  |
| 5. | If the ladder is used to access a roof for instance, it should rise about 1 m or 3 feet above that surface. |  |  |  |  |  |
| 6. | Make sure step ladder is fully open and spreaders locked |  |  |  |  |  |
| 7. | Set all feet on firm, level surfaces. Do not place on unstable, loose, or slippery surfaces. |  |  |  |  |  |
| 8. | A ladder must be cleaned and maintained in good condition. Ladders should be looked over thoroughly before each use for signs of: <br> - Wear: weakened or twisted frames. <br> - Loose rungs or hardware. <br> - Worn out anti-slip plastic or rubber shoes. <br> - Labels are legible <br> Note: if the ladder is stored on a vehicle, inspect the brackets on the vehicle in addition to the ladder. |  |  |  |  |  |
| Comments: |  |  |  |  |  |  |

